

COMMUNICATION STYLES INVENTORY

Identify your communication style by completing the inventory below. In each box, circle the words that best describe your personality. Circle any word that intuitively feels “right”. In other words, don’t think about this too hard! To score, double the number of words you circled and write that number on the line in the box.

Problem solver	Organised	Goal Driven	Takes charge
Factual	Orderly	Independent	Seeks power
Consistent	Persistent	Action oriented	Persistent
Accurate	Precise	Competitive	Judges quickly
Perfectionist	Enjoys instructions	Purposeful	Industrious
Sensitive	Logical	Serious	Controlling
Cautious	Impersonal	Bold	Self-reliant
Scheduled	Detailed	Excitable	Productive
Conscientious	Inquisitive	Strong willed	Firm
Double number circled	_____	Double number circled	_____
Enjoys popularity	Loyal	Enthusiastic	Inspirational
Sympathetic	Adaptable	Fun-loving	Spontaneous
Calm	Dry humour	Intuitive	Likes variety
Sensitive feelings	Tolerant	Initiator	Enjoys change
Nurturing	Patient	Creative	Motivator
Co-operative	Good listener	Optimistic	Ambitious
Personal	Enjoys routine	Takes risk	Friendly
Respectful	Relational	Mixes easily	Group oriented
Non-demanding	Thoughtful	Promoter	Energetic
Double number circled	_____	Double number circled	_____

